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Recent fires in California that have catastrophically impacted the state raise questions regarding safe participation in athletic practices and competitions for young athletes when air is compromised. This statewide issue, along with often concerning levels of air pollution on a given day, creates the need to pay much closer attention to the Air Quality Index (AQI). Student athletes are at an increased risk for inhaling air pollutants. Those student athletes with a preexisting medical condition such as asthma or a cardiac condition are at an even higher risk of injury or illness when performing physical activity during periods of diminished air quality. The following policy was created with guidance from the California Interscholastic Federation's Sports Medicine Advisory Council as well as the California Community College Athletic Association.

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The decision to cancel, postpone, or suspend a FUSD high school athletic activity due to poor air quality may be made by the FUSD Risk Management Department, Associate Superintendent or Designee, site Athletic Trainer, or Athletics Director. This will be done in consultation with the involved coaches and school administration, as well as with the opposing team's coaches, Athletic Trainer, Athletics Director, and school administration in a timely manner as possible. The following guidelines will be used in regards to air quality and recommendations for activity restrictions including practices, conditioning, and competitions.

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To monitor the air pollution and particulate matter for safety during athletic activities, the AQI will be determined by consulting AirNow ([www.airnow.gov](http://www.airnow.gov)) and the South Coast Air Quality Management District ([www.aqmd.gov](http://www.aqmd.gov)) to determine safety measures or other precautions to be used for practices and competitions. If the AQI is higher than 151 prior to the start of an outdoor competition, the event should be postponed, cancelled, or relocated if possible until a safer AQI has been reached. Should the AQI worsen during an athletic competition past this level, the site Athletics Director and athletic trainer may determine how to proceed at their discretion. As indoor air quality may also be affected by the outdoor air quality, it will be at the discretion of the site Athletics Director and athletic trainer to determine how the practice or competition will proceed.

Daily AQI Color	Levels of Concern	Values of Index	Description of Air Quality
Green	Good	0 to 50	Air quality is satisfactory; air pollution poses little to no risk
Yellow	Moderate	51 to 100	Air quality is acceptable, however, athletes with respiratory illness should be monitored.
Orange	Unhealthy for Sensitive Groups	101 to 150	Strenuous outdoor activities should be modified or rescheduled. Athletes with respiratory illnesses should be closely monitored or removed from outdoor activities.
Red	Unhealthy	151 to 200	Everyone should avoid strenuous outdoor activities. Athletes with respiratory illnesses should be removed from outdoor activities.
Purple	Very Unhealthy	201 to 300	Everyone avoid outdoor activities.
Maroon	Hazardous	301 and higher	Everyone removed from outdoor activities.